

tourist guide  
***Palmela***  
conquista



palmela	5
visit the castle	7
visit the town of palmela	13
enotourism	19
nature tourism	25
archaeological tourism	33

discover the municipality	37
experiences with taste	47
let yourself be won over	51
surroundings	59
responsible tourism	62
palmela wins you over	63

# a land to be discovered









# palmela

## a land to be discovered...

Between hills and plain, one's gaze can lose itself in the endless horizon. Land of contrasts, Palmela Municipality stretches between the Arrábida Natural Park and the Sado Estuary Natural Reserve, hectares of vineyards and friendly people, millenary history and the convenience of metropolitan life.

Nature, heritage, gastronomy, award-winning wines, handicraft, a festive and cultural calendar, quality accommodation, golf and the wonderful Arrábida beaches right on our doorstep. Inhabited since prehistoric times, on account of its privileged and strategic location Palmela has traces of various cultures.

The name Palmela seems to derive from the word 'Balmalla' used by the Muslim community in the 8<sup>th</sup> and 9<sup>th</sup> centuries. Stage for the battles of the Christian conquest of the Moors, King Afonso Henriques granted it its first charter in 1185.

The choice of Palmela Castle as Headquarters of the Military Order of Santiago de Espada (St. James of the Sword) for four centuries is a mark of its identity. These days the historic centre of the town of Palmela is a calm place where the people, typical squares and its monuments make Palmela an encounter with history.





visit the castle



## palmela castle

In this impressive place of dominion over the sea and the land, archaeological excavations confirm the Islamic origin of the fortification that would have been constructed between the 8<sup>th</sup> and 9<sup>th</sup> centuries.

Built and inhabited for over four hundred years by Muslims, the Castle was conquered in 1147 by the first king of Portugal, D. Afonso Henriques, enduring further attacks by the Moors until the Christians finally consolidated their power.

Headquarters of the Military Order of Santiago de Espada for four centuries (15<sup>th</sup>-19<sup>th</sup> century), whose members, friars in times of peace and knights in times of war, played a leading role in the reconquista (reconquest) and organization of the territory as well as in the economic, social, cultural and religious aspects of the town. It was classified as a National Monument in 1910.

In the immensity of its landscapes through the Arrábida hill range one can see Setúbal, the Sado estuary and the Troia Peninsula in the south, the River Tagus and the Lisbon Coast in the north.

## church of santa maria

The first parish church in Palmela dates back to the 12<sup>th</sup> century and is believed to have been founded on the ruins of a Muslim mosque; remodelled and improved on up till the middle of the 16<sup>th</sup> century, it was however severely hit by the 1755 earthquake that left the building in ruins.

Nevertheless architectural elements that tell its story are visible: the primitive medieval door in Gothic style, surprisingly discovered in the last restoration of the 20<sup>th</sup> century, the Renaissance portal in Sesimbra limestone, decorated with the sword and cross of the Order of Santiago, tiles from the 17<sup>th</sup> century, as well as graves from the old cemetery present here. The sacristy was restored in 2011 to house the Office for Order of Santiago Studies.

## the tower of homage (the keep)

When looking at the whole territory around this construction dating from the 14<sup>th</sup> century, you can understand why it was such an important lookout point in terms of defence of the region. Stage to remarkable historical episodes, such as the military communication by almenaras (huge bonfires) sighted in Lisbon as a sign of approach and support of the troops commanded by D. Nuno Álvares Pereira against the Castilian invasion, which marked the victory of Portuguese independence in 1385. The Bishop of Évora, D. Garcia de Meneses, incarcerated in the cistern for conspiracy against the King D. João II, died here in 1484.





## parade ground

The archaeological remains and the permanent exhibition at the Archaeological Galleries of the Palmela Municipal Museum are witnesses to the long-standing Islamic presence until the end of the 12<sup>th</sup> century; ceramics, pieces related to lighting, leisure, craft activities, iron and bronze objects or artefacts made of bone reveal the day-to-day activities of that time. Here there is a Tourist Office and a retail area.

## museum of military transmissions

With the installation of a Heliograph in 1885, the military telegraphy of the Portuguese Army was to be based in this building, known as the House of Radio Telegraphists, for over 100 years. The exhibition presents the technological development of military transmissions, between the Islamic period and the Portuguese Colonial War.

## church of santiago

A notable late Gothic temple from the 2<sup>nd</sup> half of the 15<sup>th</sup> century, built as a church for the Knights of the Order of Santiago de Espada. Within, there is the notable ossuary where the remains of D. Jorge, last Master of the Order of Santiago, are thought to lie and which is made of polychromatic Arrábida limestone; the tiles from the 17<sup>th</sup> and 18<sup>th</sup> centuries are also worthy of your time. The 1752 clock manufactured in Liège (Belgium) can be appreciated in the circuit that leads to the Santiago sculptures located in this Church (advance booking required). Classified as a National Monument in 1910, it is an excellent place for cultural activities, such as exhibitions, lectures and musical performances.

## convent of the order of santiago

Dating back to the 15<sup>th</sup> century, the former convent is now a luxurious historic Inn and restaurant.

The large tapestry dedicated to the Miracle of Our Lady of Nazaré involving D. Fuas Roupinho (*engulfed in mist whilst out hunting deer on horseback, saved from certain death by his horse miraculously pulling up at the cliff edge*), painted by Severo Portela Junior in 1952, and the Mannerist sink made of Arrábida limestone from 1711 are worthy of mention.











visit the town  
of palmela

## historic centre

Discover how the urban centre still reveals its medieval origins. Winding your way through narrow streets, alleys, labyrinths and steps note the course of the architecture, the decorative elements in wrought iron and the tiles with everyday grape harvest scenes represented in Art Nouveau architecture.

## town hall

A 17<sup>th</sup> century building, once a court, a prison and a butcher's shop, it is currently the head office of the Municipality of Palmela. Within, the Noble Room is decorated with a portrait gallery of Portuguese kings up to D. Manuel. Of note on the façade are the ionic capitals, the town's coat of arms in marble and the bell tower.

## church of são pedro

Of medieval origin, the building of the Parish church in Palmela dates back to the 12<sup>th</sup>-16<sup>th</sup> century; its façade was rebuilt after the 1755 earthquake. Adorned with remarkable baroque tiles

depicting the life of the apostle Peter, from the time he was called by Jesus until the Crucifixion. It preserves an important artistic heritage of painting and sculpture.

## the pillory

Dating from 1645, it has been a National Monument since 1910. Once a symbol of judicial power, today it is a significant signpost of municipal freedom. Torn down in 1855 when Palmela was annexed to the municipality of Setúbal, it was rebuilt by the population in 1907 at a time of demands for the restoration of the municipality, which eventually took place in 1926.

In limestone, it bears the royal coat of arms of King João IV (shield and crown), the capital is decorated with acanthus leaves and interesting iron zoomorphic forms and a cross are visible.

## citizen's space

Located in the market square, current headquarters of the Parish Council, it presents a number of significant structures of historical and archaeological

value. Endowed with a permanent exhibition which explains its development, along with the town's urban development, as well as small temporary exhibitions related to the historic centre and its people.

## misericórdia church

17<sup>th</sup> century building featuring walls covered with tiles of that era and the main altar with Joanine carving. The temple originated in an old 15<sup>th</sup> century inn and hospital, invoked by the Holy Spirit. Classified as a Monument of Public Interest in 2012.

## são joão baptista square

In the heart of Palmela, marked by the 1924 bandstand that gives it its romanticism, you can admire the building of great architectural beauty from the 50s that houses the dynamic São João Cinema-Theatre, the imposing Municipal Library and a magnificent view over the Serra do Louro hills, Vale de Barris valley and Serra de S. Luís hills.





## são joão cinema-theatre

Built by Humberto da Silva Cardoso, it was inaugurated in 1952, the project of architect Willy Braun and the engineer Pedro Cavalleri. Acquired by the Municipality of Palmela in 1989, it was then refurbished and reopened to the public, so returning its cultural impact to the community.

A sober and harmonious building, in accordance with the values of Modernism, endowed with wide interior spaces and elegant decorative details of the time, in which architectural and decorative elements and the original furniture were kept, including the beautiful wooden chairs and the enormous chandelier in handcrafted wrought iron in the main room, ceiling decoration, iron portals, balcony railings and arches. Classified as a Monument of Public Interest in 2012.

## d. maria I fountain

An interesting example of civil public architecture dating from 1792, replacing an earlier 16<sup>th</sup> century fountain restored and refurbished by order of Queen D. Maria I. Built in stone and decorated with the old coat of arms of Palmela, it has two spouts once used to water livestock. It maintains good quality water and was classified as a Monument of Public Interest in 2012.

## viewpoints

Nine wonderful viewpoints surround the town with absolutely incredible landscapes! Extensive patches of cork oak plantations and vineyards, the mountains of the Arrábida Natural Park, the Alentejo coast, the city of Lisbon and, on clear days, the hills of Sintra. Not to be missed!

### walking routes

#### **Walk from viewpoint to viewpoint**

Route: Circular  
Duration: 2h  
Distance: 3.5 km  
Difficulty level: Easy

#### **Discover the town by foot**

Route: Linear  
Duration: 1h30  
Distance: 2.1 km  
Difficulty level: Easy

#### **Walk through squares and places with history**

Route: Circular  
Duration: 1h  
Distance: 2 km  
Difficulty level: Easy

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#### information:

**Palmela Tourism Office**  
(+351) 212 332 122  
turismo@cm-palmela.pt  
www.visitpalmela.pt







enotourism





## casa mãe da rota de vinhos (home of the wine route)

In the heart of the town of Palmela you will find the best wines and regional products in the municipality. Representing several wineries of the region that produce wines of certified quality, fruit of many generations of producers who have perfected this art over time, it is an excellent place to taste wine as well as the Setúbal Muscat wine with its distinctive aroma, and local products such as Azeitão cheese, sheep butter, regional confectionary or handmade ice cream. Enotourism information point, booking centre for guided tours, wine and regional products store.

### routes with visits to wineries

#### **Through the land of Santiago History, heritage and craftwork**

**1 day**

##### **WINERIES**

Casa de Atalaia. Xavier Santana.  
Casa Agrícola Assis Lobo. Quinta  
do Piloto. Adega Camolas.  
Casa Agrícola Horácio Simões.  
Venâncio da Costa Lima.

#### **Through the land of Sado Vineyards and golf**

**1 day**

##### **WINERIES**

Adega de Palmela. Filipe  
Palhoça Vinhos. Fernão Pó  
Adega. Casa DuPó. Casa  
Ermelinda Freitas.

#### **Through green lands Walking route Vineyard Gardens**

##### **WINERIES**

Casa DuPó. Fernão Pó Adega.  
Filipe Palhoça Vinhos. Casa  
Ermelinda Freitas. Quinta do  
Monte Alegre.  
Route: Circular  
Duration: 3h  
Distance: 10,3 km  
Difficulty level: Medium

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#### **information and bookings:**

**Casa Mãe da Rota de Vinhos**  
[www.rotavinhossetubal.com](http://www.rotavinhossetubal.com)  
(+351) 212 334 398









## pó wine routes – fernando pó

By train through Lands of the Sado, discover the wine village of Fernando Pó on a unique train journey and get to know the whole tradition of the wine production process of the Setúbal Peninsula region.

Programme: Arrival at Fernando Pó halt, tour of the vineyard gardens and Setúbal Muscat wine tasting with producer Filipe Palhoça Vinhos, guided tour of the winery with wine tasting at Fernão Pó winery and lunch with a panoramic view over the vineyards of Casa Ermelinda Freitas winery.  
Boarding at Lisboa Oriente station.

### enotourism experience

Winery dance  
Grape harvest experience  
Grape treading  
Commented wine tasting  
Wine sounds  
Meet the wine maker

information and booking:

**Casa Mãe da Rota de Vinhos**  
[www.rotavinhospsetubal.com](http://www.rotavinhospsetubal.com)  
(+351) 212 334 398











nature  
tourism





Palmela is included in two of the most important national protected areas, the Arrábida Natural Park and the Sado Estuary Natural Reserve. Walk the trails that provide all the richness of outdoor experiences and lose yourself in the vastness of the landscapes, attentive to the beautiful hills, the vineyard gardens, the windmills, the diversity of animals and the surprising colour of the plants.





## suggested hikes

### **Alcube**

Route: Circular  
Duration: 4h  
Distance: 15,1 km  
Difficulty level: Hard

### **Palmela hillside**

Route: Circular  
Duration: 4h  
Distance: 11,6 km  
Difficulty level: Medium

### **Vineyard gardens**

Route: Circular  
Duration: 3h  
Distance: 10,3 km  
Difficulty level: Medium

### **Hills of Cabanas and Quinta do Anjo**

Route: Circular  
Duration: 3h  
Distance: 8 km  
Difficulty level: Medium

### **Serra do Louro hills**

Route: Circular  
Duration: 3h30  
Distance: 10,3 km  
Difficulty level: Medium

### **Barris valley and Alcube**

Route: Circular  
Duration: 3h  
Distance: 9,1 km  
Difficulty level: Medium

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### information:

#### **Palmela Tourist Office**

(+351) 212 332 122  
turismo@cm-palmela.pt  
www.visitpalmela.pt



## experiences

There are plenty of activities for children and adults who would like to get to know the heritage and experience emotions in contact with nature. Treetop activities, mountain biking, cycling tourism, hiking, Geocaching, Karting, Bird-watching, Horse Riding, Ecological Farms, Paintball, Visits to the Windmills and much more.

### **Arrábida Adventures**

[www.arrabida-aventuras.com](http://www.arrabida-aventuras.com)  
(+351) 917 885 057

### **Bedrock Tours**

[www.bedrocktours.com](http://www.bedrocktours.com)  
(+351) 961 738 965

### **Biotrills**

[www.biotrills.pt](http://www.biotrills.pt)  
(+351) 914 760 638

### **GoperSports – Bike Experience**

(+351) 927 178 127  
[gopersports@gmail.com](mailto:gopersports@gmail.com)

### **Palmela International Kart Racing Track**

[www.kip.pt](http://www.kip.pt)  
(+351) 265 538 500  
(+351) 918 209 626

### **Lagus Campo e Aventura**

[www.laguscampoeventura.pt](http://www.laguscampoeventura.pt)  
(+351) 963 829 191

### **Nature Affairs**

📍 @natureaffairs  
(+351) 917 158 168

### **Rotas Terra Una**

[www.terrauna.pt](http://www.terrauna.pt)  
(+351) 212 333 019

### **The Selector**

[www.theselector.pt](http://www.theselector.pt)  
(+351) 915 356 104

### **100pegadas**

📍 @100Pegadas  
(+351) 962 802 114

### **Arrábida Outdoor Centre**

Washing point, small workshop for bicycle maintenance and trail info to upload.  
Information: [www.biovilla.org](http://www.biovilla.org)







## sado estuary natural reserve

Obligatory stopover for nature lovers, where marshes, sandbanks, salt flats, beaches and coastal dunes, cork oaks and pine trees provide privileged shelter for animal and vegetable species that inhabit this area throughout the year, witness to low human occupation and environmental harmony.

This true universe of biological productivity, a protected area of around 23,000 hectares, attains its splendour during the winter, season of 50,000 resident and migratory birds.

## observation point suggestion

On the Zambujal Estate road, next to the old railway bridge over the Marateca stream.  
GPS: 38.569973, -8.735417

Preferably in the early morning or just before dusk.

Remain quiet, species are very sensitive.

Appreciate the interaction between members of different species.

Get inspired by the colours and the singing.

Take binoculars and a camera. Join with family and friends for these moments at any time of the year.

## well-being tourism

Physical balance, inner knowledge, social awareness and personal harmony are some of the motivations of those who find a means to achieve a better quality of life in complementary therapies.

Training, permaculture workshops, retreats and diverse practices achieve excellence within the proximity to nature.

### **Biovilla**

[www.biovilla.org](http://www.biovilla.org)  
(+351) 212 351 224

### **Quinta do Anjo Yoga Centre**

[www.yogaquintadoanjo.org](http://www.yogaquintadoanjo.org)  
(+351) 967 253 848

### **Cosmic Gong**

[www.cosmicgong.com](http://www.cosmicgong.com)  
(+351) 927 051 702

### **Led by Horses**

[www.ledbyhorsespt.wordpress.com](http://www.ledbyhorsespt.wordpress.com)  
(+351) 917 158 168

### **SerVivo**

[www.servivoterra.com](http://www.servivoterra.com)  
(+351) 915 812 454









A scenic landscape photograph featuring a low, rustic stone wall in the foreground, constructed from dark, irregularly shaped stones. The wall runs diagonally across the frame. Behind the wall, there is a field of tall, dry, golden-brown grass. In the background, a small village with white buildings and red roofs is visible, nestled among green trees. The sky is a warm, hazy orange, suggesting a sunset or sunrise. The overall atmosphere is peaceful and historical.

# archaeological tourism

## alto da queimada

Islamic rural site, identified as an Alcaria (*small rural community*). Located on the crest of the Serra do Louro hill, it was the object of archaeological excavations between 1996 and 2005 that revealed occupation since the Roman and Visigothic periods, also recognizing continuity of the population attributed both to the great fertility of the region and to the excellent conditions of localization and defence. The site, structured according to a set of rectangular houses and spaces related to agro-pastoral daily life, including storage areas, but also others of religious nature, was inhabited from the emirate phase until the beginning of the 11<sup>th</sup> century and it maintained fiscal and cultural links to the Hisn (castle) of Palmela.

## castro de chibanes

Classified as a Site of Public Interest, the fortified village had a walled surface during Pre and Proto history, with about 1 ha

and is protected by a complex defensive system on the North side. Its oldest occupation dates back to Chalcolithic and Ancient Bronze, during the 3<sup>rd</sup> millennium BC.

Abandoned at the end of the Bronze Age, the village was reoccupied in the 2<sup>nd</sup> Iron Age (3<sup>rd</sup> and 2<sup>nd</sup> centuries BC), as well as in the Roman-Republican period (2<sup>nd</sup> and 1<sup>st</sup> centuries BC), registering several reforms, such as the construction of the new bastioned system, with military and defensive functions. Copper metallurgy was an activity present in this village.

## artificial caves

Classified in 1934 as a National Monument, the four artificial caves of Casal do Pardo were dug out of the rock by man in the late Neolithic period (most probably between 3200 and 2900 years BC). For 1,500 years they were used as a space for the dead for agro pastoral and

metal workers who inhabited the surrounding villages. One of the most emblematic monuments of the Arrábida and one of the most paradigmatic examples of the megalithic of Peninsular Pre-history. It was in this world-renowned necropolis that the bell-beaker vessels and «Palmela type» copper tips were first discovered.

## hiking suggestion

### **Serra do Louro to the Cube**

Start this route in Palmela at the access point to the Serra do Louro and enjoy the strategic location of the 8 wooden cubes incorporated into nature. Relax, activate your senses, contemplate the beauty of the landscape and observe each detail remembering the colours, shapes, textures and aromas of the Arrábida Natural Park. When you arrive at Quinta do Anjo, relax with a visit to Janela da Arrábida - Espaço Fortuna, a perfect place to recharge your batteries, with the offer of local handicraft and ceramics, bar with terrace and restaurant.













discover the  
municipality

## quinta do anjo

Village of rural tradition famous for the production of Azeitão Cheese, Arrabidine liqueur, regional wines and confectionary, which can be purchased directly from the producers. Land of cheese dairies and high quality homemade bread, simply delicious with the local sheep butter! Very close by in Cabanas there is the S. Gonçalo Park, a green area ready for picnics, very pleasant in warm weather under the shade of the treetops. At the end of March / beginning of April the village is busy with the Cheese, Bread and Wine Festival. You can also watch the oldest and most traditional festivity of the municipality, the Feast of All Saints, a great annual festival celebrating the culture, tradition, values and know-how of Quinta do Anjo.

## pinhal novo

Stage of cattle fairs and markets since the end of the 19th century, the José Maria dos Santos Square is now the central garden of the town. It houses the chapel, the 1927 bandstand of lioz stone, marble and wrought iron; the train station with its remarkable 1938 tile panels evoking the landscape and day-to-day rural life; the 1938 Railway Signal Tower by Cottinelli Telmo and which was classified as of National Interest in 2002. A very welcoming town to go for a walk. The Caramelos (*name for rural migrant workers from Caramulo, Beira Litoral*) Market and the Popular Festivals of Pinhal Novo brighten the town and evoke the caramelos culture and the memories of a railway life that were for decades the milestone of the parish's development. The ideal moment to try the traditional Caramelos Soup, brought by these rural workers who moved to the agricultural properties of the region.

## poceirão

With a profound connection to the rural world, the landscape is distinguished by hundreds of vineyards and agricultural and livestock farms. The land offers up high quality wines and in the wineries you can taste award winning nectars, find out more about the production process and appreciate artefacts linked to the world of wine and working the land. Consult the Poceirão Cultural Centre programme and don't miss the Trade and Agricultural Fair in July.

## marateca

With a landscape markedly of the Alentejo, of large rural properties, vast cork oak plantations and numerous vineyards, it is a place of wineries recognized well beyond its borders where the most noble wines are tasted, as well as the production of the Riscadinha apple and high quality regional products. The Festival of S. Pedro da Marateca is the great annual celebration of local traditions.





## windmills

Along the ridge of the Serra do Louro hills are the windmills, part of an important cereal processing industry until very recently. Extraordinary gears, cogs and wheels that mark the history of cereal, bread and the region over the centuries of its existence.

## mechanical music museum

Inaugurated in 2016, this building of peculiar architecture invites you to enter a large 'music box', to travel in time, to enjoy and listen to hundreds of instruments that move by exclusively mechanical systems. A rare and private collection, with over 600 restored and fully working pieces, many of which are unique in Portugal and of extraordinary beauty, engineering and sound.  
[www.museudamusicamecanica.com](http://www.museudamusicamecanica.com)  
(+351) 212 381 083

## the whistling cork oak

There are so many birds chirping away amongst its branches that people call it the Whistling Cork Oak. The 16 metre high cork oak thought to be the oldest and the largest in the world was planted in 1783 and received the European Tree of the Year award in 2018. 1200 kg of cork was stripped from it in 1991, the equivalent to one hundred thousand cork stoppers!







## tiles

Churches, façades of private houses and public buildings reveal the development of the art of tile work in Portugal, brought by the Arabs to decorate the palaces of the conquered lands, to make them shine and ostentatious. Palmela possesses examples of Hispanic-Moorish tiles, 17<sup>th</sup> century carpet design style tiles, storytelling 18<sup>th</sup> century tiles, early 20<sup>th</sup> century bourgeois house façade tiles and contemporary tiles.

## ceramics

Smack bang in the middle of nature, Art is hand in glove with Leisure, Culture and Tourism offering visitors an encounter with the tradition of clay, millenary art that individualises the roots of a people, witness to its past and that which gives expression to its culture.

At Espaço Fortuna one can appreciate, acquire and paint pieces of handmade ceramics, learn how to work with clay and paint ceramic pieces, visit thematic exhibitions, enjoy nature, relax on the terrace and try fine regional cuisine from the restaurant.



**Janela da Arrábida  
Craft Centre  
- Espaço Fortuna**  
[www.espacofortuna.com](http://www.espacofortuna.com)  
(+351) 212 871 068



## golf

One of the most beautiful and competitive national courses, distinguished by the possibility of holding official competitions and providing golf vacations, set in a cork oak plantation.

The 6,366m 18 hole and 72 par golf course, by architects Duarte Sottomayor and Jorge Santana da Silva, is part of a flat landscape dominated by vineyards, lakes and streams, that offers large greens and holes with particular characteristics, such as the 18th where the green is located on an island.

### **Montado Hotel & Golf Resort**

[www.montadoresort.com](http://www.montadoresort.com)  
(+351) 265 708 150



PHOTO: Montado Hotel & Golf Resort





PHOTO - Montado Hotel & Golf Resort



PHOTO - Montado Hotel & Golf Resort



PHOTO - Montado Hotel & Golf Resort



PHOTO - Montado Hotel & Golf Resort

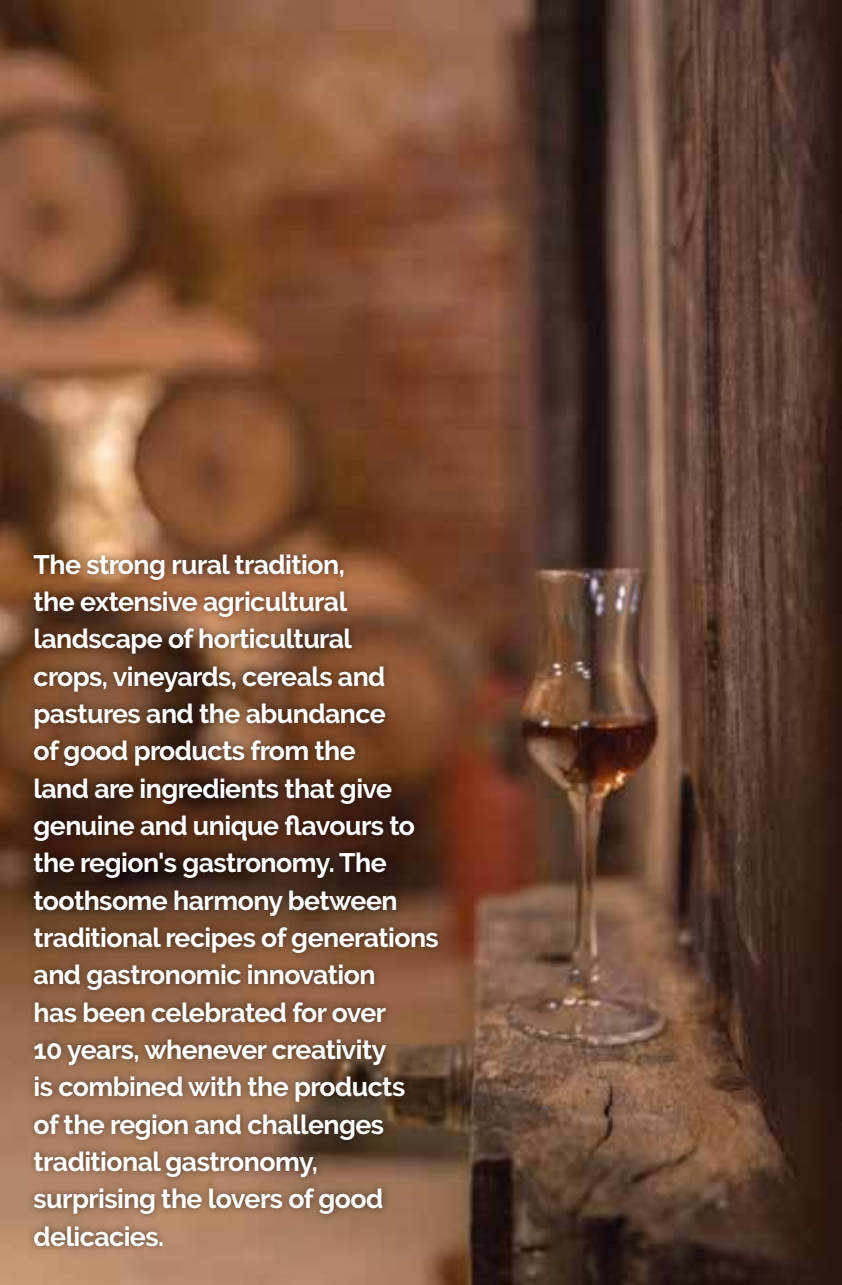








experiences  
with taste



The strong rural tradition, the extensive agricultural landscape of horticultural crops, vineyards, cereals and pastures and the abundance of good products from the land are ingredients that give genuine and unique flavours to the region's gastronomy. The toothsome harmony between traditional recipes of generations and gastronomic innovation has been celebrated for over 10 years, whenever creativity is combined with the products of the region and challenges traditional gastronomy, surprising the lovers of good delicacies.

## indulge yourself in themed gastronomic weekends

### **january**

Palmela Fogaça  
*(fennel and cinnamon biscuit)*

### **february**

In love

### **march** and **april**

Goat cheese

### **may**

Caramelos Soup

### **june**

Petiscos *(mini plate of delicious food accompanied by friends and a drink, served at any time of the day)*

### **july**

Palmela Fruit

### **august** and **september**

Palmela Wine

### **october** and **november**

Sado Carolino Rice  
Palmela Style Rabbit

### **november**

Where gastronomy  
and Literature meet

### **november** and **december**

Setúbal Muscat Wine  
Christmas Special









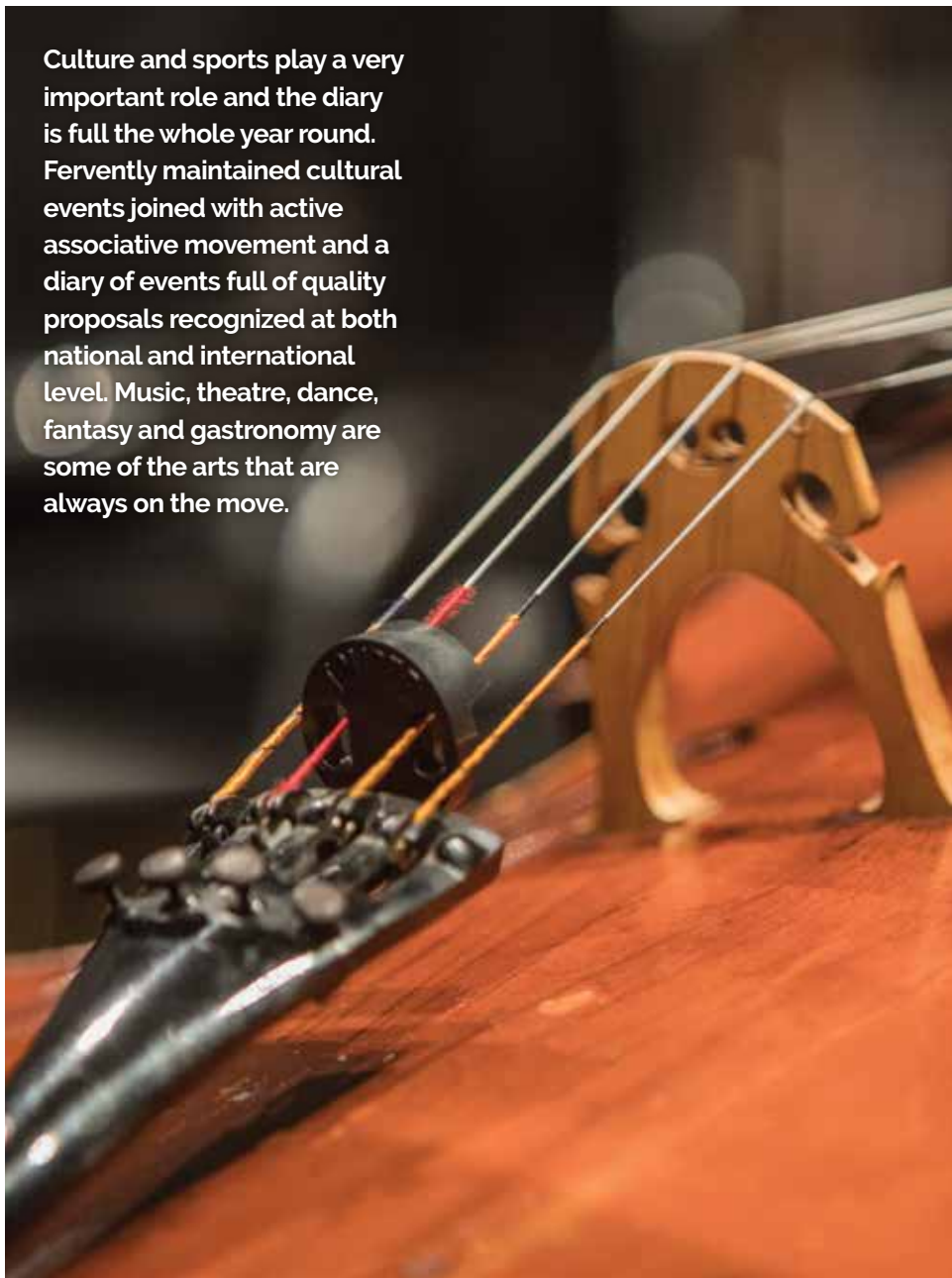
A group of people, likely participants in a festival or parade, are shown from behind, wearing red and black costumes with pointed hoods. They are holding up long poles that support large, bright fireworks exploding in the dark night sky. The scene is filled with a shower of sparks and light, creating a festive and celebratory atmosphere. The text "let yourself be won over" is overlaid in white, lowercase letters on the right side of the image.

let yourself  
be won over

In Palmela music represents a significant part of the municipality's strategy for the sustainable development of the territory. The four centenary Philharmonic orchestras coupled with the teaching of the last decades have given rise to successive generations of musicians, affirming the musical vocation of the population. In the municipality housing the only Museum of Mechanical Music in Portugal there are many musical groups and associations for whom music is part of their day-to-day, from folklore to jazz, popular to more erudite. Music is both reason and pretext for meetings and festivals, it complements, illustrates and animates popular festivals and creates unique moments when connected with the wines that also characterize this land.

[www.palmelaemusica.pt](http://www.palmelaemusica.pt)

**Culture and sports play a very important role and the diary is full the whole year round. Fervently maintained cultural events joined with active associative movement and a diary of events full of quality proposals recognized at both national and international level. Music, theatre, dance, fantasy and gastronomy are some of the arts that are always on the move.**









## january

Janeiras

*(singing in the New Year)*

*Palmela*

## march

Internacional Arrabida Classic

*(cycle race)*

## march or april

Easter Saturday

Burning of Judas

*Palmela*

Festival of Bread,  
Wine and Cheese

*Quinta do Anjo*

## may

Caramelos Soup Challenge

Caramelos Market

*Pinhal Novo*

Wine Fair in Fernando Pó

*Fernando Pó*

## june

Popular Festivities

*Pinhal Novo*

Palmela Run

*Palmela*

## july

FIAR – International Street

Arts Festival (biennial)

FISP – International Palmela

Saxophone Festival (biennial)

Palmela Wine Jazz

*Palmela*

FIG – Festival Internacional

de Gigantes (biennial)

Pinhal Novo Night Run

*Pinhal Novo*

Poceirão Commercial  
and Agricultural Fair

*Poceirão*







### august

White Party

*Palmela*

### august and september

Grape Harvest Festival

*Palmela*

### september

Palmela Medieval Fair

*Palmela*

### october

International Music Festival

*Palmela*

### november

Muscat Wine Festival

*Palmela*

### december

Hurrah for Christmas

*Palmela*

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**Turismo Palmela**









An aerial photograph of a coastal town. The town is built on a peninsula or along a curve of the coast. In the foreground, there's a large, light-colored building with a flat roof, possibly a hotel or a public building, with a red car parked in front. To its right is a parking lot filled with several cars. Further up the coast, a long wooden pier extends into the clear, turquoise water. A small boat is visible in the water near the pier. The town is surrounded by dense green trees and vegetation. The word "surroundings" is written in a large, white, sans-serif font across the upper part of the image.

surroundings

## atlantic coast

Setúbal, Sesimbra and Almada complement the visit to the region. Privileged places for aficionados of beach and nature, an abundance of golden sands, translucent waters and sublime landscapes where gastronomy tastes of the mountain and of the sea. You simply must visit Cabo Espichel where the magnificent view over the Atlantic Ocean is dispersed on the horizon.

## tagus and sado estuaries

Alcochete, Almada, Barreiro, Moita, Montijo, Seixal and Setúbal embrace the Tagus and Sado estuaries. Places where river freshwater blends with the Atlantic ocean giving them unique environmental characteristics conducive to the development, preservation and study of the life cycle of animal and plant species. The richness and concentration of species are exceptional for bird watching in their natural habitat; it is common to see huge flocks of flamingos and spoonbills colouring the salt flats or marshes.







# responsible tourism



The joy of packing to visit a different place, to surprise our senses and broaden our vision of the world, increases our self-esteem and has a very positive impact on one's well-being. Adopting conscientious practices enriches your journey and contribute to the preservation of traditions, heritage and the environment.

## **planning**

- \_ plan your route well and find out about places and times to visit;
- \_ choose professional tourist experiences and existing paths;
- \_ get a feel for the culture and local history, interact with the community, appreciate their customs, join in with the traditions;
- \_ buy local products and services and help the region's economy.

## **respect**

- \_ take care of the environment, respecting animal life, neither collecting nor damaging plants and geological formations;
- \_ keep places clean and take good care of the environment;
- \_ bring a bottle of water and foldable backpack; reduce plastic waste;
- \_ enjoy yourself whilst contributing to a sustainable planet.



## contacts

### **Palmela Town Council**

8:30-12:00 and 13:00-16:30 pm  
[www.cm-palmela.pt](http://www.cm-palmela.pt)  
(+351) 212 336 600  
[geral@cm-palmela.pt](mailto:geral@cm-palmela.pt)

### **Tourist Office**

Palmela Castle  
from 9:30-12:30 and 14:00-17:30  
[www.visitpalmela.pt](http://www.visitpalmela.pt)  
f @TurismoPalmela  
(+351) 212 332 122  
[turismo@cm-palmela.pt](mailto:turismo@cm-palmela.pt)

### **Casa Mãe da Rota de Vinhos**

Largo de São João Baptista  
2950-248 Palmela  
[www.rotavinhospsetubal.com](http://www.rotavinhospsetubal.com)  
(+351) 212 334 398  
[info@rotavinhospsetubal.com](mailto:info@rotavinhospsetubal.com)

## how to get here

### **By car**

A 12 | Setúbal - Montijo motorway  
A 2 | motorway south  
A 33 | Baixo Tejo motorway  
EN 379 | Palmela - Cabo Espichel

### **By train**

Train stations: Palmela, Penalva,  
Pinhal Novo, Venda do Alcaide,  
Poceirão  
COMBOIOS DE PORTUGAL  
[www.cp.pt](http://www.cp.pt)  
(+351) 707 210 220  
FERTAGUS  
[www.fertagus.pt](http://www.fertagus.pt)  
(+351) 707 127 127

### **By bus**

TRANSPORTES SUL DO TEJO  
[www.tsuldotejo.pt](http://www.tsuldotejo.pt)

### **By taxi**

PALMELA  
(+351) 964 009 253  
(+351) 914 318 747  
PINHAL NOVO  
(+351) 914 540 559  
(+351) 968 016 298

### **By plane**

LISBON AIRPORT  
[www.aeroportoisboa.pt](http://www.aeroportoisboa.pt)

## where to stay

See the Accommodation  
Guide at  
[www.visitpalmela.pt](http://www.visitpalmela.pt)















## where to eat


See the Restaurant  
Guide at  
[www.visitpalmela.pt](http://www.visitpalmela.pt)

[illegible]





- |   |   |  |
|---|---|--|
|  Discover the town on foot |  1 Palmela Castle        |  6 Church of São Pedro                |
|  Viewpoints                |  2 Tourist Office        |  7 Pillory and Church of Misericórdia |
|  Windmills                 |  3 Church of Santiago    |  8 São João Cinema-Theatre            |
|  Arrábida Natural Park     |  4 Church of Santa Maria |  9 Home of the Wine Route             |
|   |  5 Town Hall             |  10 D. Maria I Fountain               |



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e Gabinete de Comunicação  
Graphic design and layout  
Jorge Ferreira

march 2021



palmela  
wins you over



**TOURIST  
OFFICE**



Palmela Castle  
GPS N 8°54'0.578"  
O 38°33'57.116"



Opening hours  
9:30-12:30 and 14:00-17:30



(+351) 212 332 122  
turismo@cm-palmela.pt



[www.visitpalmela.pt](http://www.visitpalmela.pt)  
Turismo Palmela

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**Palmela**  
conquista